

ALL QUAD CITIES HEALTH RESOURCES

Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
Addiction Treatment	Stoneridge Centers	We are Stoneridge Centers in Prescott Valley AZ. We are an inpatient level 1 facility that does medically assisted detox, inpatient psychiatric stabilization, intensive outpatient programming, transcranial magnetic stimulation, and ketamine assisted treatment.	5940 E Copper Hill Dr, Suites B & E, Prescott Valley AZ 86314	928-583-7799 Option 2	24/7 Operation
Adult Day Center	Adult Care Services	Susan J Rheem Adult Day Center - Provides health care monitoring, socialization, counseling, nutritional lunch, recreation and activities, transportation to and from the center for adults with Alzheimer's Disease or other dementias.	3407 N Windsong Dr Prescott Valley	928-775-3563	Monday - Friday 8:00 AM - 4:00 PM
Alcohol Use Disorder Support Groups	Alcoholics Anonymous Prescott Area Intergroup	Use website to find a printable schedule or call to find meetings in Prescott, Prescott Valley, Chino Valley, Ash Fork, Humboldt, Paulden, Seligman, Skull Valley, Spring Valley, and Yarnell.	240 S Montezuma St, Suite 108, Prescott, AZ 86303	928-445-8691	Monday - Friday 10:00 AM - 4:00 PM (office hours); Meeting times vary - see website or call.
All Male Long-term Inpatient Care for Substance Use and Mental Health	Prescott House	Prescott House provides all male long-term inpatient acute care for those suffering from addiction and mental health issues and this site is JCAHO accredited. They offer individualized psychotherapy and psychiatric care in a proven, long-term sustainable model.	214 N Arizona Ave, Prescott, AZ 86301	866-425-4673	Monday - Friday 8:00 AM - 4:00 PM
Alzheimer's Caregiver Support Groups	Alzheimer's Association	Provides a forum to share feelings, concerns, information, and a way of supporting and encouraging each other. There is no cost for attending and no commitment to come back. Groups in Chino Valley, Prescott, Prescott Valley, Northern AZ VA Health Care, as well as virtual support groups.	N/A	928-771-9257	N/A
Alzheimer's Education and Support	Alzheimer's Association	The Alzheimer's Association Desert Southwest Chapter leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.	3111 Clearwater Drive, Ste. A Prescott, AZ 86305	928-771-9257	Monday - Thursday 9:00 AM - 3:30 PM
Anger Management/Domestic Violence Classes	Shamrock Recovery Services	Shamrock Recovery Services offers Anger Management/Domestic Violence Classes, recognized by courts and the MVD. Tailored as part of their outpatient services specializing in general mental health and substance use, these classes contribute to individuals' overall well-being and legal requirements.	1000 Ainsworth Drive Suite B215, Prescott, AZ 86305	928-445-0744	Monday - Friday 8:00 AM - 5:00 PM

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Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
Arizona Long Term Care System	Arizona Health Care Cost Containment System (AHCCCS)	The Arizona Long Term Care System (ALTCS, pronounced ALL-Tecs) is health insurance for individuals who are age 65 or older, or who have a disability, and who require nursing facility level of care. Services may be provided in an institution or in a home or community-based setting.	801 E. Jefferson Street, MD 3900 Phoenix, AZ 85034	888-621-6880	Monday - Friday 8:00 AM - 5:00 PM
Arizona Medicaid Health Insurance Sign up Assistance	Community Health Center of Yavapai	The Community Health Center of Yavapai provides Arizona Medicaid Health Insurance Sign-up Assistance through Certified Application Counselors and Assistants. This free service aids AHCCCS and Marketplace enrollment, ensuring access to crucial health coverage. The organization accepts major insurances, including AHCCCS, Marketplace plans, and Medicare, and offers a sliding fee scale discount program based on income and family size for eligible individuals.	1090 Commerce, Prescott, AZ 86305	928-583-1000	Monday - Friday 7:00 AM - 6:00 PM
Arizona Medicaid Health Insurance Sign up Assistance	Community Health Center of Yavapai	Certified Application Counselors and Assistants provide free AHCCCS and Marketplace enrollment assistance. YCCHS offers primary care, reproductive health, pediatrics, prenatal care, dental services, counseling, and mental health care. Most major insurances are accepted, including AHCCCS, Marketplace plans, and Medicare. Based on income and family size, a sliding fee scale discount program is available to those who qualify.	3212 N Windsong 2nd Floor, Prescott Valley, AZ 86314	928-583-1000	Monday - Friday 7:00 AM - 6:00 PM
Behavioral & Mental Health	Hope, Inc.	HOPE, Incorporated provides recovery-based community services throughout Southern Arizona and is now co-located in Northern Arizona with Spectrum Healthcare Group in Cottonwood, Camp Verde, and Prescott.	990 Willow Creek Rd, Prescott, AZ 86301	877-756-4090	Monday - Friday 8:00 AM - 5:00 PM
Behavioral & Mental Health	Horses With Heart	Horses with Heart is where special-needs individuals, veterans, and first responders experience the healing power of the horse to gain confidence, increase independence and improve social skills with the support of caring and credentialed instructors and dedicated volunteers.	2705 South Hwy 89, Chino Valley, AZ 86323	928-533-9178	N/A
Behavioral Health and Substance Abuse Care	Canyon Crossing Recovery	Canyon Crossing Recovery provides gender specific, trauma informed, evidence-based, behavioral health and substance abuse care. This program is for women only.	819 W Gurley St. Prescott, AZ, 86305	866-488-3951	Monday - Friday 9:00 AM - 5:00 PM

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Behavioral Health Services for Veterans	Nation's Finest	Nation's Finest exemplifies its dedication to veterans' well-being through the Behavioral Health Services resource. This offering encompasses counseling, case management, and comprehensive mental health support tailored to the unique needs of veterans and their families. As a community-based nonprofit, the organization strives to foster mental and emotional resilience, ensuring veterans receive the care they deserve.	600 E Gurley Street, Suite F, Prescott, AZ 86301	928-776-0766	Monday - Friday 8:00 AM - 5:00 PM
Benefits Counseling Program (Medicare & other benefits)	NACOG (Area Agency on Aging)	Medicare/Benefits Staff and Volunteer Counselors provide FREE assistance to clients on Medicare and benefit related issues through one-on-one counseling, outreach to the public, and telephone consults. Community members need to call the Intake and Referral line for information and to start the referral process for services. The majority of our services are for those 60 and older.	N/A	877-521-3500	N/A
Blind/Low Vision Caregivers Support Groups	Polara Health	For those caring for a vision-impaired loved one. Learn strategies not only for the care of loved ones but also how to take care of oneself.	505 S. Cortez Street Prescott, AZ.	928-445-5211	2nd and 4th Wednesday 1:30 PM-2:30 PM
Brain Injury & Spinal Cord Injury Support Group	New Horizons Disability Empowerment Center	New Horizons Disability Empowerment Center support groups for those with brain injury or spinal cord injury.	9400 E Valley Rd, Prescott Valley, AZ 86314	928-772-1266	3rd Wednesday of the month 1:00 PM – 2:00 PM
Brain Injury Caregiver & Survivor Support Hotline	Brain Injury Alliance Arizona	Through the Brain Injury Alliance Arizona Hotline, caregivers and survivors of brain injuries can connect with a Certified Brain Injury Specialist and access a thorough database of personalized intake and support resources. This service is inclusive of all age groups and individuals with diverse types of acquired brain injuries, such as falls/accidents, assaults, stroke, tumors, and hypoxia/anoxia.	5025 E. Washington St, Ste 106 Phoenix, AZ 85034	888-500-9165	Monday - Friday 9:00 AM to 5:00 PM
Breast Care Center	Dignity Health YRMC	Provides comprehensive and coordinated breast care; integrating diagnostic tools, care coordination, health education and essential support programs in one convenient location.	7700 East Florentine Road Prescott Valley, AZ 86314	928-442-8900	Monday - Friday 8:00 AM - 5:00 PM

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Care Management and Coordination	Comprehensive Care Management Advisors LLC	Offers elder care - they have care plan options. Includes those that need monitoring, advanced directives, placement or in-home care giving.	16601 75th St, Unit 3030, Peoria, AZ 85382	928-301-6420	24/7 Operation
Care Management and Resource Coordination	Arizona Care Management Solutions	Provide ongoing care management and support, communicate with doctors/healthcare providers, arrange and monitor in-home care.	850 Cove Parkway, Suite A, Cottonwood, AZ 86326	928-300-0172	8:00 AM - 4:00 PM (5 days a week). On call 24 hours for clients.
Caregiver of Veterans Support	Bob Stump Department of Veterans Affairs Medical Center	If you are caring for a Veteran with serious illness or disabilities, we can help you support them—and take care of yourself. You may qualify for services like training, counseling or respite care when you need a break.	500 Highway 89 North Prescott, AZ 86313-5001	928-445-4860	24/7 Operation
Case Management	NACOG (Area Agency on Aging)	Provides case management. Community members need to call the Intake and Referral line for information and to start the referral process for services. The majority of our services are for those 60 and older.	N/A	877-521-3500	N/A
Child Welfare and Behavioral Health Support	Arizona's Children Association	Provides a specifically tailored continuum of services to children and families in need. All programs are family focused, strength-based, culturally sensitive and outcome driven.	1055 Ruth St, Suite 1, Prescott, AZ 86301	928-443-1991	Monday - Friday 9:00 AM - 5:00 PM
Community Education on HIV/AIDS and Sexual Health	Northland Cares	Northland Cares actively contributes to community well-being through its Community Education resource on HIV/AIDS and Sexual Health. This initiative promotes a deeper understanding of HIV/AIDS and sexual health, fostering informed and empowered communities in the realm of HIV prevention.	3605 Crossings Drive #B, Prescott, AZ 86305	928-771-0023	Monday -Friday 8:30 AM-4:30 PM
Counseling and Out-Patient Groups for Substance Use	Shamrock Recovery Services	Shamrock Recovery Services provides Counseling and Out-Patient Groups for Substance Use, a vital part of their outpatient services. Specializing in general mental health and substance use treatment, the center employs various modalities, ensuring a comprehensive approach to recovery in a third-person context.	1000 Ainsworth Drive Suite B215, Prescott, AZ 86305	928-445-0744	Monday - Friday 8:00 AM - 5:00 PM

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Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
Crisis Hotline	Solari Crisis & Human Services.	Crisis Response Network (CRN) is a group of trained Crisis Intervention Specialists that listen and respond to your specific needs. Assists with thoughts of suicide, experiencing substance use, mental health challenges, or concern about a loved one. Solari Crises Support provides counseling over the phone; can dispatch a mobile counselor from Spectrum Mobile Crises anywhere in Yavapai County	N/A	844-534-4673	24/7 Operation
Crisis Intervention	Polara Health	If you or someone you love is experiencing a mental health crisis, please call: 928-445-5211 ext. 1. The Polara Health Crisis Stabilization Unit (CSU) is open 24/7. Call or walk in anytime.	8655 E Eastridge Drive Prescott Valley, AZ 86314	928-445-5211 Option 1	24/7 Operation
Crisis Mobile Team	Spectrum Healthcare	The mobile crisis team has trained crisis response specialists, and coordinates with psychiatry, primary care providers, nurses, and counselors. Services include daily 24/7 staffing with response times of 30 minutes or less, community stabilization and safety plans, crisis counseling, risk assessments, and facilitating inpatient psychiatric hospitalization.	N/A	844-534-4673	24/7 Operation
Crisis Text Line	Crisis Text Line	Crisis Text Line provides free high-quality text-based mental health support and crisis intervention by empowering a community of trained volunteers to support people in their moments of need.	N/A	Text HOME to 741741	24/7 Operation
Diabetes Education and Nutrition Counseling	Dignity Health YRMC	Whether you're newly diagnosed with diabetes or a long-time patient, the Diabetes Education program can help you. The program features: Medical Nutrition Therapy, Diabetes Pump Training, Continuous Glucose Monitor Initiation, Diabetes Self-Management Education series, and Individualized Diabetes Management.	1001 Willow Creek Rd, Prescott, AZ 86301	928-771-5794	Monday - Friday 8:00 AM - 5:00 PM
Diabetes Support Group	New Horizons Disability Empowerment Center	New Horizons Disability Empowerment Center support groups for people with diabetes.	9400 E Valley Rd, Prescott Valley, AZ 86314	928-772-1266	2nd Wednesday of the month 2:30 PM - 3:30 PM

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Discount Program - Prescription, Dental, Vision	Live Healthy (National Association of Counties)	The Live Healthy Discount Program is brought to you by Yavapai County and the National Association of Counties to offer residents a free discount card (no monthly recurring costs) on prescriptions, dental, health costs, and Minute Clinic (CVS) services.	N/A	877-321-2652	N/A
Emergency Room	Dignity Health YRMC	Yavapai Regional Medical Center (YRMC), recognized as a Level 4 Trauma Center, oversees two Emergency Departments (EDs) that deliver medical emergency care to people of all ages residing in western Yavapai County. Open 24/7, 365 days a year, the EDs at both YRMC East in Prescott Valley and YRMC West in Prescott offer emergency care for individuals dealing with critical illnesses or injuries, as well as those with minor health concerns.	1003 Willow Creek Road Prescott, AZ 86301	928-771-5100	24/7 Operation
Emergency Room	Dignity Health YRMC	Yavapai Regional Medical Center (YRMC), functioning as a Level 4 Trauma Center, runs two Emergency Departments (EDs) that cater to individuals of all age groups across western Yavapai County, offering medical emergency services around the clock, every day of the year. Situated at YRMC East in Prescott Valley and YRMC West in Prescott, both EDs deliver emergency healthcare for individuals facing critical illnesses or injuries, as well as those with minor health issues or injuries.	7700 Florentine Rd, Prescott Valley, AZ 86314	928-442-8100	24/7 Operation
Emergency Services for Veterans	Bob Stump Department of Veterans Affairs Medical Center	In an emergency, call 911 or go to the nearest VA or non-VA emergency department. We provide immediate treatment for serious, life-threatening health emergencies such as severe chest pain, seizures, heavy uncontrollable bleeding or moderate to severe burns.	500 Highway 89 North Prescott, AZ 86313	928-445-4860	24/7 Operation
Family Birthing Center	Dignity Health YRMC	The YRMC Family Birthing Center guides and supports moms through all stages of pregnancy, delivery and parenthood.	7700 East Florentine Road Prescott Valley, AZ 86314	928-442-8800	24/7 Operation
Family Caregiver Support Program	NACOG (Area Agency on Aging)	Are you caring for a loved one or looking for how to take care of someone? The Family Caregiver Support Program offers support, programs, and resources to help you succeed in your new role. The FCSP has built a curriculum based on programming requests, needs of the caregivers, and national trends of caregiver issues. The program and services are offered free of charge to the public. Community members need to call the Intake and Referral line for information and to start the referral process for services.	N/A	877-521-3500	N/A

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Federal Health Insurance Marketplace	Health Care Marketplace	HealthCare.gov is a health insurance exchange operated by the federal government under the provisions of the Affordable Care Act (ACA). The exchange facilitates the sale of private health insurance plans and offers subsidies.	N/A	800-318-2596	24/7 Operation
Fitness Classes, Gym, and Pool	James Family YMCA Prescott	The YMCA offers access to more than 90 programs, activities and events developed to support a healthy lifestyle. Fitness Center and an aquatics center. Free Group Exercise classes and free Wellness Consultation.	750 Whipple Street, Prescott, AZ 86301	928-445-7221	Monday - Thursdays 5:00 AM - 9:00 PM; Fridays 5:00 AM - 7:00 PM; Saturdays 8:00 AM - 6:00 PM
Food Addicts in Recovery Anonymous	Western Area Intergroup	Provides 12-step program for people experiencing overeating, undereating, anorexia, bulimia, bingeing, and obsession with food or body size. Meetings are virtual. Arizona: meeting via Zoom - Monday 3:00 PM MST. See website for details.	P.O. Box 475067 San Francisco, CA 94147	415-248-9347	24/7 Operation
Food Service Training	Yavapai County Community Health Services	Food safety training available for those that want to work in food service. Certificate may be obtained by reviewing and completing the required questions in a study workbook of food safety information and passing a Beginner Test. The Test is available at the Prescott location. Or by obtaining a Food Worker Training Certificate from an ANSI-approved online Training Agency.	1090 Commerce Dr, Prescott, AZ 86305	928-771-3149	Monday - Friday 8:00 AM - 11:00 AM; 1:00 PM - 4:00 PM
Free Condoms	Nice Package (Southwest Center)	If you live in Arizona, you can order FREE condoms by mail. Limit one order per address per month. Orders are shipped in a plain package. Visit website to order.	1101 N. Central Ave., Suite 200, Phoenix, AZ 85004	N/A	N/A
Free Vitamins for Childbearing People	Power Me A2Z	Power Me A2Z is a program sponsored by the Arizona Department of Health Services. The program provides free vitamins, mailed to any Arizonian ages 18-45 who can get pregnant. Visit website to sign up (includes a short quiz but results do not impact eligibility).	150 North 18th Avenue Phoenix, AZ 85007	602-542-1025	Monday - Friday 8:00 AM - 5:00 PM (closed holidays)
General Counseling Services	Community Health Center of Yavapai	The Community Health Center of Yavapai prioritizes mental health with its General Counseling Services. Offering counseling, case management, and psychiatric services, this resource accepts major insurances, including AHCCCS, Marketplace plans, and Medicare. A sliding fee scale discount program is available based on income and family size for qualified individuals. Appointments are necessary to access these essential mental health services.	1090 Commerce, Prescott, AZ 86305	928-583-1000	Monday - Friday 7:00 AM - 6:00 PM

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General Counseling Services	Community Health Center of Yavapai	Counseling, case management, and psychiatric services are available. Most major insurances are accepted, including AHCCCS, Marketplace plans, and Medicare. Based on income and family size, a sliding fee scale discount program is available to those who qualify. Appointments are required.	3212 N Windsong 2nd Floor, Prescott Valley, AZ 86314	928-583-1000	Monday - Friday 7:00 AM - 6:00 PM
Grief Support Groups	Grief Share	GriefShare support groups are safe, welcoming places where people understand the difficult emotions of grief. Through this 13-week group, you'll discover what to expect in the days ahead and what's "normal" in grief. Since there are no neat, orderly stages of grief, you'll learn helpful ways of coping with grief, in all its unpredictability - and gain solid support each step of the way.	N/A	800-395-5755	24/7 Operation
Group Residences for Adults With Disabilities	NAZCARE, INC	Hope House Transitional Housing - Hope House is a community-based transitional model house by ADOH. Residents share a common kitchen, a common community room and a common laundry room to build life skills to advance cooperation and interaction. Residents learn valuable life skills from personal and financial to social skills using a best practice life skills curriculum developed by NAZCARE. Residents are involved in recovery and wellness support services and participate in services at New Hope Wellness Center. Call for hours of availability.	597 White Spar Rd Prescott, AZ 86303	928-442-9205 Option 3004	N/A
Group Residences for Adults With Disabilities	NAZCARE, INC	Majesty Manor Permanent Housing - Majesty Manor is a community-based, permanent model living city by ADOH. Each resident enjoys the comfort and privacy of their own unit. Residents learn valuable life skills from personal and financial to social skills using a best practice life skills curriculum developed by NAZCARE. Residents are involved in recovery and wellness support services at New Hope Wellness Center. Call for hours of availability.	3201 N Majesty Dr, Prescott Valley, AZ 86314	928-442-9205 Option 3004	N/A
Health Insurance	Arizona Health Care Cost Containment System (AHCCCS)	Arizona Health Care Cost Containment System (AHCCCS) is Arizona's Medicaid agency that offers health care programs to serve Arizona residents. Individuals must meet certain income and other requirements to obtain services. Use the Health-e-Arizona PLUS website to apply or find a community assistor site for help with your application.	801 E Jefferson St., Phoenix, AZ 85034	855-432-7587	Monday - Friday 7:00 AM - 6:00 PM
Health Insurance for Kids	KidsCare	AHCCCS offers Health Insurance through KidsCare for eligible children (under age 19) who are not eligible for other AHCCCS Health Insurance. For those who qualify, there are monthly premiums.	N/A	855-432-7587	Monday - Friday 8:00 AM - 5:00 PM

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Health/Disability Related Support Groups	Mountain Valley Regional Rehabilitation Hospital	Mountain Valley Regional Rehabilitation Hospital offers education and support groups for people with amputations, arthritis, brain injuries, cognitive disorders, chronic pain, multiple sclerosis, Parkinson's, speech disorders, spinal cord injuries, and strokes.	3700 N Windsong Dr, Prescott Valley, AZ 86314	928-759-8800	24/7 Operation
Helpline for Breastfeeding Questions and Support	Arizona Department of Health Services	Get answers to your breastfeeding questions 24 hours a day by calling the Arizona Department of Health Services' 24-Hour Breastfeeding Hotline.	N/A	800-833-4642	24/7 Operation
Helpline for Instances of Poisonings and Questions on Drugs and Medications	Arizona Poison and Drug Information Center	The Arizona Poison and Drug Information Center provides 24/7, free, confidential help from pharmacists for poisoning exposures and drug information. Language Line Services for ALL languages if needed.	N/A	800-222-1222	24/7 Operation
Helpline for Quitting Smoking and Other Forms of Nicotine	Arizona Department of Health Services	Arizona Smokers' Helpline (ASHLine) provides free assistance to quit tobacco and other nicotine delivery products. The ASHLine provides services to help people at all stages of quitting tobacco use. This includes those who have quit and want help staying tobacco-free. Information is provided on the quitting process for family and friends.	N/A	800-556-6222	24/7 Operation
Home Care Services	Visiting Angels Northern Arizona	Visiting Angels Senior Care and In Home Assisted Living Services can assist elderly people located in the Prescott Area and the Verde Valley and surrounding areas in Yavapai County, Arizona. The comprehensive services offered are customized and tailored for each senior to ensure in-home care is an enjoyable experience.	3615 Crossings Dr #A Prescott AZ 86305	877-618-4748	N/A
Home Health Agency	Angels Care Home Health	Angels Care Home Health is a Medicare-Certified Home Health agency providing quality and cost-effective home health care services that are focused on each patient's unique needs. Under the direction of the patient's physician, we administer medical services, such as skilled nursing, restorative therapy and medical social services, to the patient while strictly adhering to their physician's plan of care.	8652 East Eastridge Rd, Suite 202 Prescott Valley, AZ 86314	928- 775-6811	Monday - Friday 8:00 AM - 5:00 PM

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Housing Support for People with SMI (Serious Mental Illness)	Catholic Charities	PATH (Projects for Assistance in Transition from Homelessness) program utilizes specially trained staff and volunteers to connect seriously mentally ill homeless with psychiatric treatment and housing.	2101 N 4th Street Flagstaff, AZ 86004	928-774-9125 Option 53024	Monday - Thursday 8:00 AM-5:00 PM; Friday 8:00 AM - 12:00 PM
Integrated Care & Psychiatry	Polara Health	Polara Health provides full service outpatient primary care to clients in the area. This setting allows for addressing clients with Behavioral Health needs as well with options for same day services. Annual Wellness Exams, Outpatient visits for evaluation, Management of Chronic Conditions, Preventative Care.	555 W Road 3 North, Chino Valley, AZ 86323	928-445-5211	Monday-Friday 8:00 AM-5:00 PM
Integrated Care & Psychiatry	Polara Health	Polara Health is recognized for delivering outstanding outpatient primary care services. Their integrated care approach encompasses both primary health and Behavioral Health needs, with the added benefit of same-day services. Clients can access a range of services, including Annual Wellness Exams, Outpatient visits for evaluation, Management of Chronic Conditions, and comprehensive Preventative Care, showcasing Polara Health's commitment to their well-being.	505 S Cortez Prescott, AZ 86303	928-445-5211	Monday-Friday 8:00 AM-5:00 PM
Integrated Care & Psychiatry	Polara Health	Polara Health provides comprehensive outpatient primary care services, addressing both physical and behavioral health needs. Same-day services are offered, including Annual Wellness Exams, Outpatient visits for evaluation, Management of Chronic Conditions, and Preventative Care.	181 Whipple Street Prescott, AZ 86301	928-445-5211	Monday-Friday 8:00 AM-5:00 PM
Integrated Care & Psychiatry	Polara Health	Polara Health in Prescott extends full-service outpatient primary care, ensuring effective management of both physical and behavioral health needs. Same-day services, including Annual Wellness Exams, Outpatient visits for evaluation, Management of Chronic Conditions, and Preventative Care.	642 Hillside Ave Prescott, AZ 86301	928-445-5211	Monday-Friday 8:00 AM-5:00 PM
James Family Heart Center	Dignity Health YRMC	Complete range of heart health programs and services; diagnosis, treatment, surgery, rehabilitation and education.	1003 Willow Creek Road, Prescott, AZ 86301	928-445-6025	Monday - Friday 8:00 AM - 5:00 PM
Life Alert	Life Alert	Life Alert is a medical alert system specifically designed to protect seniors and all family members in a home health emergency. Life Alert can send help fast in the event of a medical, fall, shower, or home emergency. For active seniors, Life Alert offers Protection On The Go with our HELP Pendant with nationwide coverage.	N/A	800-813-3104	24/7 Operation

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Long-Term Care Ombudsmen	NACOG (Area Agency on Aging)	Long-Term Care Ombudsmen are advocates for residents of nursing homes, board and care homes, assisted living facilities and similar adult care facilities. They work to resolve problems of individual residents and to bring about changes at the local, state and national levels that will improve residents' care and quality of life. Community members need to call the Intake and Referral line for information and to start the referral process for services. The majority of our services are for those 60 and older.	N/A	877-521-3500	N/A
Low Vision Education Classes	People Who Care	Confident Living with Low Vision is a free education series for adults living with low vision. A variety of topics are presented by experts over a 6-week period. Call for more details.	N/A	928-445-2480	Monday - Friday 9:00 AM - 4:00 PM
Lung Cancer Screening and Care	Dignity Health YRMC	Dignity Health Yavapai Regional Medical Center offers lung cancer screening through its Lung Cancer Screening and Care Program. Low-dose computed tomography (LDCT) produces detailed images of the lungs. These images can detect extremely small nodules, which may indicate lung cancer in its early stages—before symptoms and while it's most curable.	810 Whipple Street Prescott, AZ 86301	928-771-7577	Monday - Friday 8:00 AM - 5:00 PM
Medical Clinic	Spectrum Healthcare	Provides medical health care for children and adults. Services include primary medicine, physical exams, immunizations, on-site lab, and chronic disease management.	3633 Crossings Dr. Prescott AZ 86305,	877-634-7333	Monday - Friday 8:00 AM - 5:00 PM
Medical In-Home Care	Good Samaritan Society	Good Samaritan Society – Legacy Home Care provides services throughout the Greater Prescott Area, including Chino Valley, Prescott Valley. Home care allows you to recover at home with the reassurance that your post-operative care needs are being met in accordance with your physician's orders.	1065 Ruth St., Prescott, AZ 86301	928-442-7388	Monday - Friday 8:00 AM - 4:30 PM
Medicare	Medicare	Medicare is a Health Insurance program for people 65 years old or over and for certain disabled people under 65. A person is automatically enrolled in Medicare hospital insurance (Part A) when he or she applies for Social Security benefits upon reaching 65. Part A covers inpatient care in a hospital or skilled nursing facility.. Part B covers doctor's services and outpatient hospital services.	N/A	800-633-4227	24/7 Operation

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Mental Health and Substance Use Disorder Hotline	The U.S. Substance Abuse and Mental Health Services Administration (SAMHSA)	The U.S. Substance Abuse and Mental Health Services Administration (SAMHSA) has established a free, confidential information service (in English or Spanish), open 24 hours/365 days, for individuals and family members facing mental health or substance use disorders. The service provides referral to local treatment facilities, Support Groups, and community-based organizations.	15 Messenger Drive, 1st Floor. Warwick, RI 02888	800-662-4357	24/7 Operation
Mental Health Care	NAZCARE, INC	New Hope Wellness Center has been serving the Prescott/Quad City area since 2001, and provides services to peers and families on the ground floor of the historic Savoni-Farnara residence with NAZCARE Administrative services on the top floor. New Hope integrates recovery support services with supportive housing services at Hope House and Majesty Manor; transitional and permanent housing programs for individuals with mental illness. Call for hours of availability	599 White Spar Rd, Prescott, AZ 86303	928-442-9205 Option 3004	N/A
Mental Health Care	Southwest Behavioral & Health Services	Southwest Behavioral & Health Services prioritizes Mental Health Care as part of its comprehensive services. Specializing in outpatient mental health treatment and psychiatric services, the organization offers individual, group, and family counseling. This resource includes medication monitoring, ensuring individuals receive personalized and holistic care to support their mental well-being.	7600 E. Florentine Road, Suite 201, Prescott Valley, AZ 86314	928-772-1610	Monday - Friday 7:00 AM - 6:00 PM
Mental Health Care	Spectrum Healthcare	Spectrum Healthcare is dedicated to Mental Health Care, offering comprehensive behavioral health services for children and adults. The organization provides psychiatric assessment, medication monitoring, crisis intervention, case management, and individual and group counseling. With a focus on mental well-being, Spectrum Healthcare ensures individuals receive tailored and holistic care to address a range of mental health concerns.	990 Willow Creek Rd Prescott AZ 86301	877-634-7333	Monday - Friday 8:00 AM - 5:00 PM
Mental Health Care	Spectrum Healthcare	Spectrum Healthcare is dedicated to Mental Health Care, offering comprehensive behavioral health services for both children and adults. The organization provides psychiatric assessment, medication monitoring, crisis intervention, case management, and counseling, ensuring tailored and holistic care for various mental health concerns.	3274 Bob Drive Prescott Valley, AZ 86314	877-634-7333	Monday - Friday 8:00 AM - 5:00 PM
Mental Health Care and Support for Children and Families	Child and Family Support Services	Provides individual and family behavioral healthcare and clinical support including home visits.	8652 E Eastridge #103, Prescott Valley, AZ 86314	928-775-2500	Monday - Friday 8:00 AM - 5:00 PM

ALL QUAD CITIES HEALTH RESOURCES

Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
Mental Health Care for Veterans	Bob Stump Department of Veterans Affairs Medical Center	Common conditions: addiction, depression, anxiety, trauma, PTSD, bipolar disorder, schizophrenia, OCD. If you're struggling with issues like PTSD, depression, grief, anger or trauma, we offer counseling and other support. All VA health care facilities offer same-day help. You may qualify even without enrolling in VA health care.	500 Highway 89 North Prescott, AZ 86313-5001	928-445-4860	24/7 Operation
Mental Health Education	National Alliance for Mental Illness - NAMI	Trained NAMI volunteers bring peer-led programs to your community. With the unique understanding of people with lived experience, these programs provide outstanding free education, skills training and support. Visit website for more information on programs.	PO Box 11962 Prescott, AZ 86304	928-642-5705	N/A
Mental Health Screening and Public Policy	Mental Health America of Arizona	Mental Health America of AZ provides free, online mental health screenings, works on public policy, provides workplace education, provides resources for the community regarding mental health needs and services. **They do not provide direct mental health services to individuals**	5110 N. 40th St, Suite 107, Phoenix, AZ 85018	602-576-4828	Monday-Friday 8:00 AM-5:00 PM
Mental Health Services	Yavapai Family Advocacy Center	Yavapai Family Advocacy Center contracts with mental health professionals who specialize in trauma-informed care. Individuals must meet with a Victim Advocate prior to receiving a referral for Mental Health Services. Mental health services received through the Yavapai Family Advocacy Center focus on short-term, crisis intervention. Individuals needing long-term therapy may be referred to other, more appropriate mental health providers. YFAC provides bilingual services and support to victim of interpersonal crimes.	8485 E Yavapai Road Prescott Valley, AZ 86314	928-775-0669	N/A
Mental Health Services for Veterans	Dr. Cameron McKinley Vet Center - Department of Veterans Affairs	Offers confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Services include counseling for needs such as depression, post-traumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST). Can also connect you with more support in VA and your community.	3180 Stillwater Drive Suite A Prescott, AZ 86305	928-778-3469	Monday - Friday 8:00 AM - 4:30 PM
Mindful Meditation Classes	Polara Health	Learn a secular practice that helps to pay attention to experiences and accept them without judgment. Mindfulness is beneficial to our psychological and physical well-being.	505 S. Cortez Street Prescott, AZ.	928-445-5211	Thursdays 1:00 PM-2:00 PM

ALL QUAD CITIES HEALTH RESOURCES

Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
National LGBTQ+ Elder Hotline	Sage	Sage connects LGBTQ+ older people who want to talk with friendly responders who are ready to listen. If you are an LGBTQ+ elder or care for one, call the free SAGE Hotline, toll-free, at 877-360-LGBT(5428). The hotline responders are certified in crisis response, offer support without judgment, answer questions factually and confidentially, and provide information about community support resources such as healthcare, transportation, counseling, legal services, and emotional support programs. The SAGE LGBTQ+ Elder Hotline is available 24 hours a day, 7 days a week, in English and Spanish, with translation in 180 languages.	N/A	877-360-5428	24/7 Operation
Non-Medical Home Care	Home Instead Senior Care	In-home health care that provides assistance with post-hospital health care and long term chronic illness. Assistance with the activities of daily living.	240 S. Montezuma St, Suite 206, Prescott, AZ 86303	928-316-1018	Monday - Friday: 8:00 AM - 5:00 PM
Online Resources and Support for Veterans	Make the Connection	Make the Connection connects Veterans, their families and friends, and other supporters to mental health information and hundreds of videos of Veterans sharing their inspiring stories of recovery. The site is free to use and accessible to everyone.	N/A	N/A	N/A
Opiate Treatment Program	Southwest Behavioral & Health Services	Services provided: Individual, Group and Family Counseling, Medication Services, Psychiatric Care, Skills Training, and Opioid Treatment.	7600 E. Florentine Road, Suite 101, Prescott Valley, AZ 86314	928-775-7088	Monday - Friday 6:00 AM - 4:00 PM; Saturday 7:00 AM - 9:00 AM
Outdoor Exploration Event for Kids	Yavapai County Community Health Services	Nature Niño's is a Yavapai County Community Health Services program designed for families with children ages 0 to 8 to encourage nature play and its many health benefits! Nature Niño's meets monthly on the first Saturday of the month and leads child-centered play events at different family friendly trails/parks. Park rangers and community partner staff lead scavenger hunts, hikes, nature crafts, story time, and fun lessons on Leave No Trace. You can learn about dates and locations on the City of Prescott Recreation website or Nature Niño's Facebook or Instagram pages.	N/A	N/A	N/A
Parenting and Childcare Resources	Family Involvement Center	Assists and supports families/caregivers of children/youth with emotional, behavioral and mental health needs.	8766 E State Route 69, Suite G Prescott Valley, AZ 86314	928-379-5077	Monday - Friday 8:30AM - 5:00 PM

MOhelp.org

ALL QUAD CITIES HEALTH RESOURCES

Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
Parkinson's Disease Support Groups	Arizona Care Management Solutions	Support Groups for people with Parkinson's Disease and their caregivers. Share, learn and review what's new with the causes, symptoms, stages and treatment of Parkinson's Disease.	100 S 6th St, Cottonwood, AZ 86326	928-300-0172	3rd Friday of the month, 3:15 PM
Partial Reimbursement Program - Family Caregiver Home Modification	Arizona Caregiver Coalition	The Arizona Caregiver Coalition provides support and advocates for family caregivers in Arizona. The Family Caregiver Reimbursement Program assists family caregivers with a partial reimbursement for home modifications and assistive care technology to enable their qualified family member to be mobile, safe, and independent to avoid institutional care.	1717 W Jefferson St., Phoenix, AZ 85007	888-737-7494	Monday - Friday 9:00 AM - 4:00 PM
Physical Health Services	Granite Mountain Behavioral Healthcare	Emphasizing holistic well-being, Granite Mountain Behavioral Healthcare offers Physical Health Services to address the interconnectedness of mental and physical health. This initiative ensures a comprehensive approach to individuals' recovery by providing access to services that promote overall well-being.	2001 Willow Lake Rd, Prescott, AZ 86301	877-338-6287	Monday - Friday 8:00 AM - 5:00 PM
Physical Health Services	Granite Mountain Behavioral Healthcare	Granite Mountain Behavioral Healthcare prioritizes overall well-being by offering services that address both mental and physical health. This resource underscores the organization's commitment to a holistic approach in supporting individuals on their path to recovery.	8183 E Florentine Rd., Prescott Valley, AZ 86314	877-338-6287	Monday - Friday 8:00 AM - 5:00 PM
Prescription Discount Card	Arizona CoppeRX Card	Arizona Rx Card is a free statewide discount prescription assistance program. It may be used to provide savings on prescriptions not covered by your Health Insurance or Medicare Part D.	N/A	888-227-8315	N/A
Prevention and Education on Substance Misuse and Abuse	MATFORCE	MATFORCE is an anti-drug organization that offers drug prevention education for students K-12, parenting education classes, professional trainings, support, resources for people returning from incarceration, and support for parents and educators dealing with trauma-involved children. MATFORCE provides education and awareness on substance trends affecting our community and children.	8056 E Valley Road, Suite B, Prescott Valley, 86314	928-708-0100	Monday-Friday 8:00 AM to 4:00 PM

ALL QUAD CITIES HEALTH RESOURCES

Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
Primary Care	Optima Medical Clinics	Chino Valley location - Services provided include primary care, physical check-ups, yearly wellness assessments, internal medicine, COVID-19 testing, diabetes management, treatment for sleep disorders, respiratory disease care, heart risk evaluations, weight control, allergy testing, immunotherapy, addiction support, chronic pain care, and hypertension management.	901 AZ-89, Chino Valley, AZ 86323	928-404-1488	Monday - Friday 8:00 AM - 5:00 PM
Primary Care	Optima Medical Clinics	Dewey-Humboldt location - The range of services includes primary care, physical evaluations, yearly wellness visits, internal medicine, COVID-19 testing, diabetes control, management of sleep disorders, respiratory disease care, heart risk assessments, weight management, allergy tests, immunotherapy, support for addiction, chronic pain assistance, and hypertension supervision.	12075 AZ-69, Dewey-Humboldt, AZ 86327	928-772-1673	Monday - Thursday 8:00 AM - 5:00 PM; Friday 8:00 AM - 2:00 PM
Primary Care	Optima Medical Clinics	Prescott location - Provides healthcare solutions in Prescott, delivering primary care, physical evaluations, annual wellness visits, internal medicine, and specialized services for COVID-19 testing, diabetes management, sleep disorders, respiratory disease, heart risk assessment, weight management, allergy tests, immunotherapy, addiction, chronic pain, and hypertension.	743 Miller Valley Road Prescott, AZ 86301	928-777-9600	Monday - Thursday 8:00 AM - 5:00 PM; Friday 8:00 AM - 2:00 PM
Primary Care	Optima Medical Clinics	Prescott Valley location - Delivers comprehensive healthcare in Prescott Valley, offering primary care, physical evaluations, annual wellness visits, internal medicine, and specialized support for COVID-19 testing, diabetes management, sleep disorders, respiratory disease, heart risk assessment, weight management, allergy tests, immunotherapy, addiction, chronic pain, and hypertension.	3251 N Windsong Dr, Prescott Valley, AZ 86314	928-772-2582	Monday - Friday 7:30 AM - 6:00 PM
Resources for LGBTQ Parents Raising Children With Disabilities	Birth Injury Justice Center	LGBTQ parents across the nation are raising children with physical, emotional, and developmental disabilities. These parents often face unique hurdles when trying to access the best treatment. Fortunately, a variety of resources are available to help LGBTQ-headed families get their children the care they need. Obtain medical, financial, emotional support and dealing with possible discrimination.	1330 Boylston Street, Suite 400 Chestnut Hill, MA, 02467	855-871-2447	24/7 Operation

ALL QUAD CITIES HEALTH RESOURCES

Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
Senior and Adult Support Services	NACOG (Area Agency on Aging)	Provide help connecting to more resources, examples of potential services are: Home Delivered Meals, Attendant Care, Respite, or wanting more help with connecting to local resources. Community members need to call the Intake and Referral line for information and to start the referral process for services. The majority of our services are for those 60 and older, or under 60 years of age with a disability.	N/A	877-521-3500	N/A
Senior Medicare Patrol	Department of Economic Security	The Senior Medicare Patrol is a group of professionally trained staff and volunteers who teach Medicare beneficiaries how to protect their personal information, identify and report errors on health care statements, recognize scams, prevent unnecessary services and charges for services that were not provided. Educates on fraud and abuse reporting to the proper authorities. This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS).	N/A	800-432-4040	N/A
Senior Men's Group	Polara Health	Meet with like-minded men for friendship and shared life experience	505 S. Cortez Street Prescott, AZ.	928-445-5211	2nd and 4th Tuesday 9:30 AM - 11:00PM
Substance Use Care	Southwest Behavioral & Health Services	Southwest Behavioral & Health Services is dedicated to Substance Use Care, providing essential services for individuals with addictions. The organization's offerings encompass outpatient care, including individual, group, and family counseling. Additionally, the services extend to an opioid replacement clinic, demonstrating a commitment to addressing substance use challenges with a comprehensive approach.	7600 E. Florentine Road, Suite 201, Prescott Valley, AZ 86314	928-772-1610	Monday - Friday 7:00 AM - 6:00 PM
Substance Use Support	Silver Sands Recovery	Silver Sands Recovery alcohol and drug addiction treatment facility in Prescott, AZ will give men and women ages 18 and over, the tools needed to recover from addiction. Our Arizona drug addiction & alcohol addiction experts are here to help you with your addiction, underlying issues and symptoms.	3636 Crossings Dr., Prescott, AZ 86305	833-543-7267	Monday - Friday 8:00 AM - 4:00 PM
Support for Children with Disabilities	Raising Special Kids	Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information, and individual assistance so families can become effective advocates for their children. Interpreter services available.	N/A	602-242-4366	Monday-Friday 8:00 AM to 5:00 PM

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Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
Support Group for People who have Lost Someone to Suicide	Empact Survivors of Suicide Group	Support Groups for individuals who have lost a loved one to suicide.	216 E. Gurley St. Prescott, AZ 86301	480-784-1514 Otion 1219	Last Thursday of Each Month 6:00 PM - 7:30 PM First Congregational Church
Support Group for People who have Parkinson's	New Horizons Disability Empowerment Center	New Horizons Disability Empowerment Center support group for people with Parkinson's.	9400 E Valley Rd, Prescott Valley, AZ 86314	N/A	3rd Wednesday of the month 11:00 am – 12:00 pm
Support Groups for Caregivers of Special Needs Children	Polara Health	Support Groups for parents, grandparents and caregivers of special needs children. In person or via Zoom - Meeting ID: 955 0196 3579 - Passcode: 973500	505 S. Cortez Street Prescott, AZ	928-445-5211	2nd Tuesdays 6:00 PM - 7:30 PM
Support Groups for Families affected by Mental Illness	National Alliance for Mental Illness - NAMI	NAMI Family Support Groups is a Support Groups for family members, significant others and friends of people with mental health conditions. Gain insight from the challenges and successes of others facing similar experiences. There are two virtual recurring monthly sessions each month. Visit website to get virtual Zoom connection information.	P.O. Box 11962 Prescott, AZ 86304	928-642-5705	N/A
Support Groups for People Who Have HIV/AIDS	Northland Cares	Recognizing the importance of community and emotional support, Northland Cares offers Support Groups for individuals living with HIV/AIDS. Providing a safe and nurturing environment, these groups allow individuals to connect, share experiences, and receive mutual support, contributing to overall well-being.	3112 Clearwater Drive #A, Prescott, AZ 86305	928-776-4612	Monday-Friday 08:30 AM- 4:30 PM
Support Groups for People Who Use Narcotics and People in Recovery	Narcotics Anonymous Meetings	Use website or call to find meetings in Prescott, Prescott Valley, Sedona, Cottonwood, Jerome, Bagdad, and Chino Valley.	P.O. Box 12593, Prescott, AZ 86304	928-458-7488	N/A

ALL QUAD CITIES HEALTH RESOURCES

Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
Tai Chi Classes	Yavapai County Community Health Services	This 8-week program is designed to assist adults with arthritis and/or balance issues. Tai Chi is an ancient martial art and can be used as a moving meditation. It is offered as a beginner's class and might help with heart, blood pressure, stress, and sleep issues. This class series is available throughout Yavapai County (check with your local library!) as staffing allows.	N/A	928-634-6858	N/A
Teen Crisis Hotline	Teen Lifeline	Teen Lifeline is a free, confidential, anonymous hotline for teens. Call 800-248-8336 24 hours, all days. Texting hours Monday - Friday 12:00 PM to 9:00 PM; Saturday - Sunday 3:00 PM - 9:00 PM. Peer Counseling 3:00 PM - 9:00 PM daily.	PO Box 10745 Phoenix, AZ 85064	602-248-8336	24/7 Operation
Teen Hotline for Relationship Violence, Stalking, and Sexual Assault	Bloom 365	FREE, CONFIDENTIAL, ANONYMOUS HELP. Whether you are going through friend drama, a toxic or controlling relationship, current or past family struggles, a bad break-up, bullying, sexual harassment or any form of abuse or violence, we are just a text, phone call or chat away. Our trained and non-judgmental peer advocates are ready to listen with empathy, validate your experience, encourage, and link to peer support and other resources.	20403 N Lake Pleasant Rd, Suite 117-492, Peoria, AZ 85382	888-606-4673	Monday - Friday 5:00 PM - 9:00 PM
The Healing Place	Polara Health	The Healing Place provides compassionate psychiatric treatment and structured supportive care to clients oping with a variety of mental and behavioral health challenges. The Healing Place is a 24-bed inpatient facility for individuals ages 18 and older and are experiencing a psychiatric crisis.	181 Whipple Street Prescott, AZ 86301	928-445-5211	24/7 Operation
Therapy Dog Visits	Pet Partners of Prescott	Pet Partners of Prescott is part of Pet Partners Therapy Animals. They hope to improve human health and well-being through the human-animal bond. They currently have therapy teams in the local libraries, schools, hospitals, detention center and court house. Call for more information.	N/A	928-308-2556	Monday - Friday 8:00 AM - 5:00 PM
Therapy Services for Children and Adults with Developmental Delays	High Country Early Intervention	High Country Early Intervention, Inc., dba Karen A. Fay is a non-profit organization that provides family-centered services. We provide speech therapy, occupational therapy, and physical therapy to all ages. Our therapists are able to perform evaluations and provide ongoing therapy services to those who qualify. We accept private pay and can work with most insurance companies, including AHCCCS, as well as the Division of Developmental Disabilities (DDD).	3160 Stillwater Dr., Prescott AZ 86305	928-776-9285	Monday - Friday 9:00 AM - 5:00 PM

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Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
Trans Support Hotline	Trans Lifeline	Trans Lifeline is a grassroots hotline and non-profit organization offering direct emotional and financial support to trans people in crisis – for the trans community, by the trans community. Call if you need someone trans to talk to, even if you're not in crisis or if you're not sure you're trans. Visit their website to learn more about receiving micro-grants for name changes.	548 Market St., PMB 15337 San Francisco, CA 94104-540	877-565-8860	24/7 Operation
TrekAbout	Yavapai County Community Health Services	Quad Cities location - Trekabout is a hiking/walking club that is designed to get people up and out in a fun safe way with supportive people to create good mental and physical health, wellness, and friendship through nature. They rate the trails from 1-4 (easiest to hardest). Start times change with the seasons. Hikes are lead by staff and volunteers from the Prescott Recreation Services Department and Yavapai County Community Health Department. Membership is \$18 a year and includes 2 weekly guided hikes and monthly calendar.	N/A	928-777-1122	Tuesdays and Thursdays 7:00 AM (Summer); 8:00 AM (Winter)
TrekAbout	Yavapai County Community Health Services	Quad Cities location - Trekabout is a hiking/walking club that is designed to get people up and out in a fun safe way with supportive people to create good mental and physical health, wellness, and friendship through nature. They rate the trails from 1-4 (easiest to hardest). Start times change with the seasons. Hikes are lead by staff and volunteers from the Prescott Recreation Services Department and Yavapai County Community Health Department. Membership is \$18 a year and includes 2 weekly guided hikes and monthly calendar.	N/A	928-777-1122	Tuesdays and Thursdays 7:00 AM (Summer); 8:00 AM (Winter)
Urgent Care Center	NextCare	Prescott location - NextCare offers a spectrum of services, including care for illnesses, COVID-19 testing, physicals, pediatrics, immunizations, vaccinations, injuries, STD and lab testing, X-rays, and occupational medicine.	2062 Willow Creek Road, Prescott, AZ 86301	928-443-5103	Monday -Friday 8:00 AM-7:00 PM; Saturday, Sunday 9:00 AM-4:00 PM
Urgent Care Center	NextCare	Prescott Valley location - NextCare provides a comprehensive array of healthcare services, covering illnesses, COVID-19 testing, physicals, pediatrics, immunizations, vaccinations, injuries, STD and lab testing, X-rays, and occupational medicine.	3051 North Windsong Drive, Prescott Valley, AZ 86314,	928-772-3336	Monday - Friday 7:00 AM - 6:00 PM; Saturday 9:00 AM - 6:00 PM; Sunday 9:00 AM - 4:00 PM
VA Multiple Sclerosis Support Group	Bob Stump Department of Veterans Affairs Medical Center	VA Multiple Sclerosis Support Group meets the Second Thursday of each month from 11:00 AM - 1:00 PM at the Prescott VA, 500 N. Hwy. 89. You do not have to be a Veteran to attend.	500 AZ-89, Prescott, AZ 86301	928 499-0037	2nd Thursday of each month from 11:00 AM - 1:00 PM.

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Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
Veterans Connections Hub	US Vets Prescott	U.S.VETS — Prescott offers free mental health services such as individual and group counseling as well as substance use treatment to veterans who need it.	120 North Marina St, Prescott, AZ 86301	928-583-7204	Monday - Friday 8:00 AM - 5:00 PM
Veterans Crisis Hotline	Veterans Crisis Line	Veterans Crisis Line responders support Veterans, service members, and their families. Responders are trained in crisis intervention and military culture.	N/A	988 Option 1	24/7 Operation
Veterans Support Group for People who have Lost Someone to Suicide	Empact Survivors of Suicide Group	Veterans support group for individuals who have lost a loved one to suicide.	120 N. Marina Street, Prescott, AZ 86301	480-784-1514 Otion 1219	1st, 3rd Tuesday 5:30 pm - 7:00 pm Veterans Connection Hub/U.S. Vets
Vital Records	Yavapai County Community Health Services	This facility, dedicated solely to Mail Order services, concentrates on Vital Records, facilitating the issuance of both birth and death certificates.	1090 Commerce Dr, Prescott, AZ 86305	928-771-3125	Monday - Thursday 8:00 AM - 4:00 PM
Vital Records	Yavapai County Community Health Services	Mail Order-only facility. Vital Records provides birth and death certificates.	3212 N. Windsong Drive, Prescott Valley, AZ 86314	928-771-3125	Monday - Thursday 8:00 AM - 4:00 PM
Warm Line for Mental Health Support	NAZCARE, INC	NAZCARE's Warm Line is an evening Peer Support service over the phone. Are you lonely, isolated, triggered, needing coping skills, need resources, or just want to talk to someone? The NAZCARE Warm Line is here to help.	N/A	888-404-5530	Monday - Thursday 4:00 PM - 10:30 PM; Friday-Sunday 3:00 PM - 10:30 PM
Warm Line for Mental Health Support	NAZCARE, INC	NAZCARE's Warm Line is an evening Peer Support service over the phone. Are you lonely, isolated, triggered, needing coping skills, need resources, or just want to talk to someone? The NAZCARE Warm Line is here to help.	N/A	888-404-5530	Monday - Thursday 4:00 PM - 10:30 PM; Friday-Sunday 3:00 PM - 10:30 PM

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Resource Name	Organization Name	Resource Description	Resource Address	Resource Phone Number	Resource Hours of Operation
Women of Wisdom	Polara Health	Women of Wisdom support group. Meet with women for friendship and shared life experiences.	505 S. Cortez Street Prescott, AZ.	928-445-5211	2nd and 4th Fridays 1:00 PM - 2:30 PM; Tuesday 11:00 AM - 12:30 PM